

# ALMURIVA PATCH INSTRUCTIONS FOR USE AND PATIENT DIARY

For patients who have been  
prescribed Almuriva Patch

**ALMURIVA PATCH**  
(rivastigmine transdermal system)

# INSTRUCTIONS FOR USE

- To minimise the risk of unwanted side-effects, it is important that you and/or the people who care for you know how to use this medicine correctly.
- If you have any questions or require more information, please read the patient information leaflet that came with the medicine.
- If you are not sure about anything, please ask your doctor or pharmacist.

## Reporting side effects:

If you get any side effects, talk to your doctor, pharmacist or nurse. This includes any possible side effects not listed in the package leaflet. You can also report side effects directly via the Yellow Card Scheme at [www.mhra.gov.uk/yellowcard](http://www.mhra.gov.uk/yellowcard). By reporting side effects you can help provide more information on the safety of this medicine.

## Important to remember

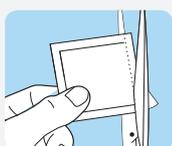
- Take off the old patch before putting **one** new patch on.
- Only **one** patch per day.
- Do not cut the patch into pieces.
- Press the patch firmly in place for at least 30 seconds using the palm of the hand.
- Dispose of old patch by placing it in an empty sachet and then putting in the bin.
- Do not expose the patch to any external heat sources (e.g. excessive sunlight, saunas, solarium) for long periods of time.

## How to apply

1. Carefully **remove the existing patch** before putting on **one** new patch.



2. Take the new patch from the sachet. This sachet can now be used to safely dispose of the old patch.



3. Peel one side of the protective liner off the patch.



4. Stick the patch on the upper or lower back, upper arm, or chest and peel off the other side of the protective liner.



5. Press the patch firmly in place for at least 30 seconds.



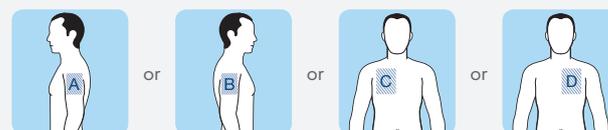
## Where to apply

Take off the old patch before putting **one** new patch on.

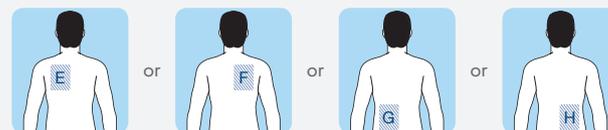
Apply **one** new patch in **one** of the following areas every day.

You can use the same area (A or B or C or D or E or F or G or H), but do not use the exact spot within the same area.

### Front:



### Back:



The patch should not be applied to skin that is red, irritated or cut.

Do not apply to the stomach or thigh.

# MEDICATION RECORD SHEET

## How to use this record sheet

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- Tick the box when you have removed the old patch.
- Fill in the date and day you apply the new patch.
- Fill in the letter of the application area where you have applied the new patch.
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### Application area

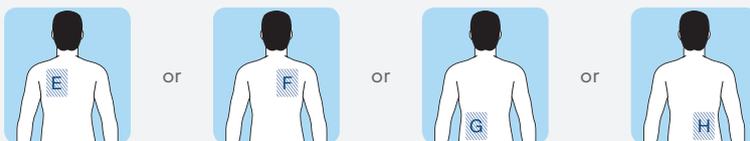
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Carefully remove the existing patch before putting on a new one.

Apply **one** new patch in **one** of the areas to the left every day.

#### Back:



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Old patch removed?	Date of application of new patch	Day of application of new patch	Application zone of new patch (letter)
<input checked="" type="checkbox"/>	08 March 2015	Sunday	A
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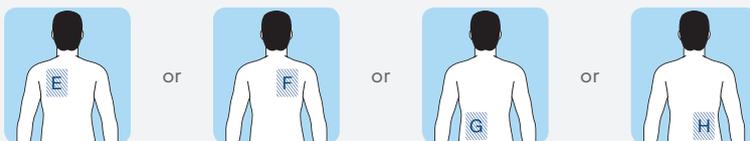
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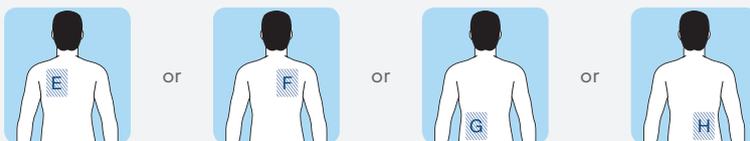
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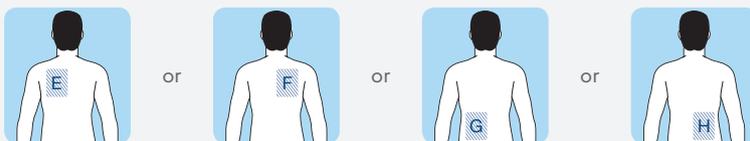
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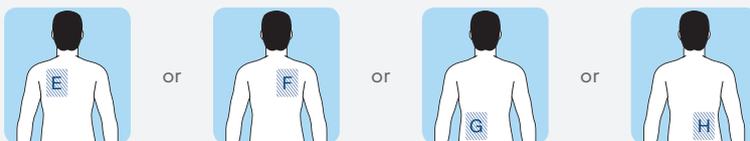
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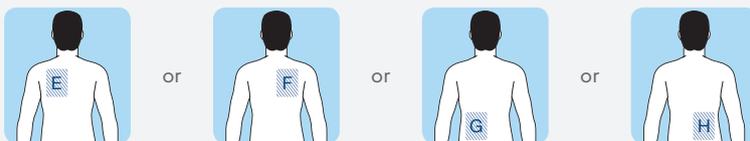
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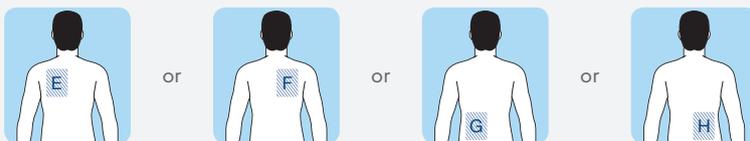
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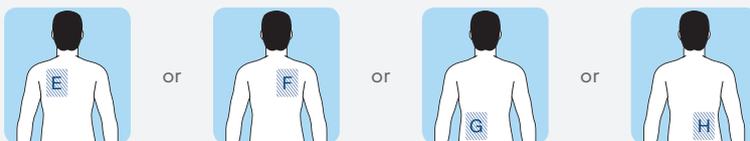
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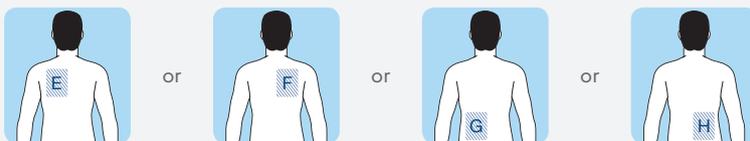
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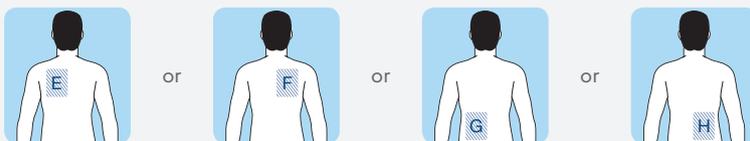
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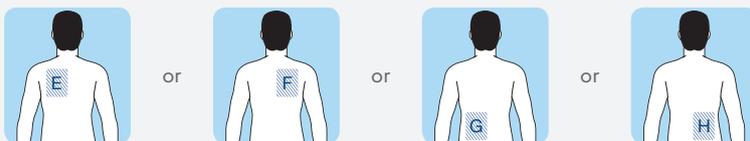
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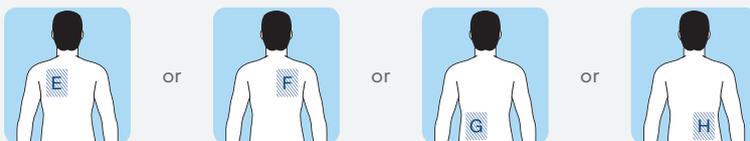
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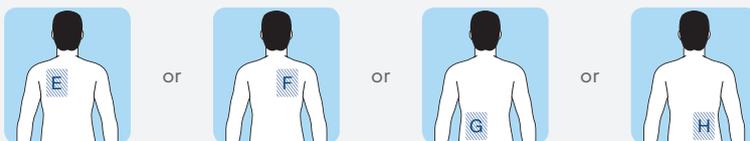
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Sandoz Ltd  
Frimley Business Park, Frimley, Camberley,  
Surrey, GU16 7SR

July 2015 NEU15-C000